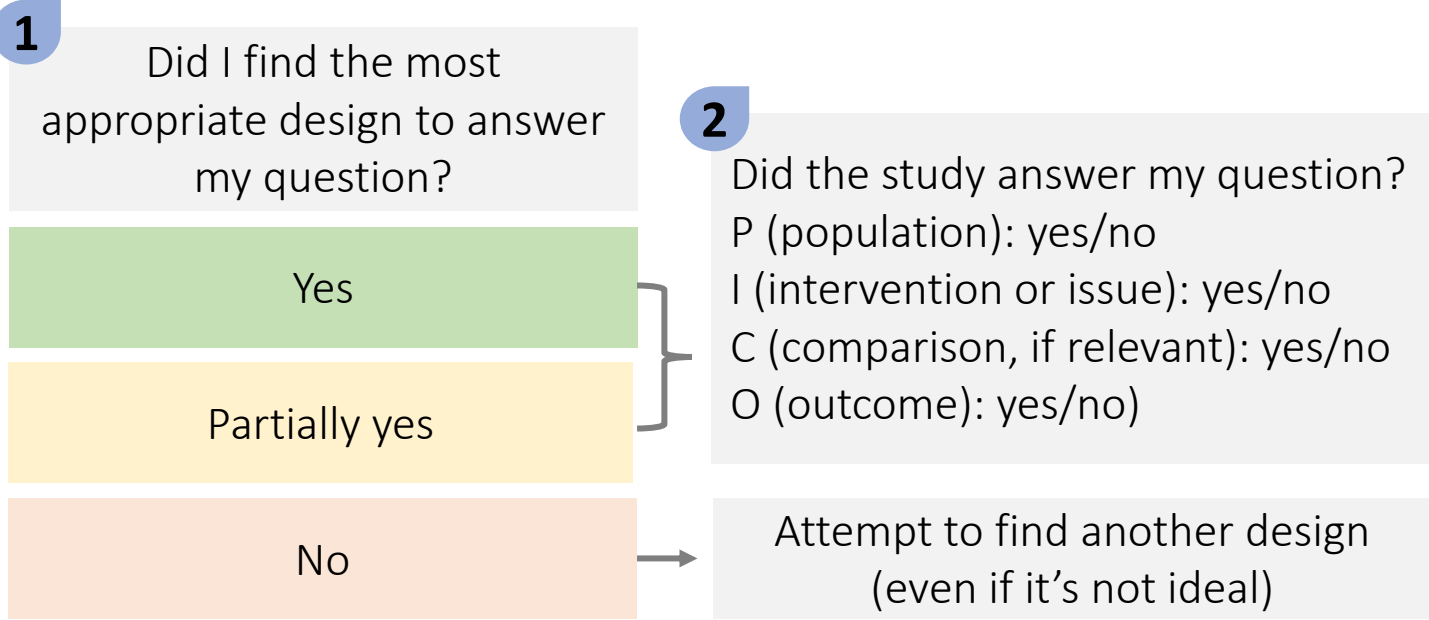


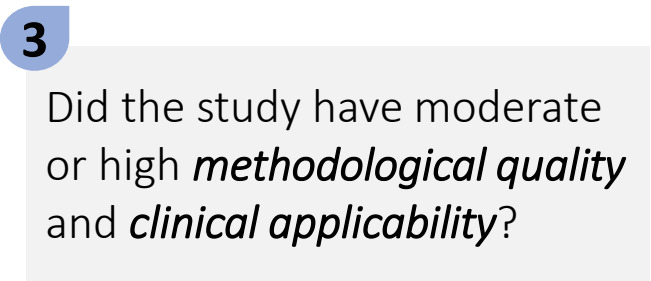
Did I find the right article?
Am I on the right track? (steps 1 & 2)



- Yes = Proceed and appraise the study's **methodological quality** and its **clinical applicability**
- Partially yes = Attempt to find another study that answers your question more comprehensively, or proceed cautiously appraising the study's **methodological quality** and its **clinical applicability**
- No = attempt to find another study that answers your question more comprehensively

How do I know if the study I found has an acceptable methodological quality and clinical applicability? (step 3)

How do I appraise the quality of the evidence?
The [Elev Tool](#) allows you to appraise the study's **methodological quality** and **clinical applicability**. After appraising both, you then determine your level of confidence in applying the study's information in clinical practice



- Yes, for both. Proceed and apply the evidence into practice, taking into consideration your clinical reasoning and your patient's values
- Low methodological quality or low clinical applicability: the evidence is probably not reliable and/or least likely to represent your patient or clinical question
- Attempt to find another study with moderate to high methodological quality and clinical applicability